



GOVERNMENT OF KARNATAKA

No. HFW 03 PRS 2020

Karnataka Government Secretariat
Vikasa Soudha
Bengaluru, dated: 07.08.2020

CIRCULAR

Subject: Revised guidelines for international returnees to Karnataka (version 4)

References: 1. Version 3.0 of SOP for international returnees to Karnataka dated 21.05.2020
2. Addendum to SOP for international returnees to Karnataka dated 25.05.2020
3. Guidelines for international arrivals from Ministry of Health and Family Welfare- Government of India dated 02.08.2020

In view of evolving situation of COVID-19 pandemic in the state and recent revision of guidelines for international arrivals from Ministry of Health and Family Welfare-Government of India, the following revised guidelines are issued.

A. Before planning for travel:

1. All travellers shall submit self-declaration form on the Yatri Karnataka online portal (<http://www.covidwar.karnataka.gov.in/> or <https://parihara.karnataka.gov.in/Service38/>) at least 72 hours before the scheduled date of travel.
2. Business/short term travellers who come with a negative RT-PCR test report shall be exempted from quarantine requirements. Such passengers shall also submit a declaration with respect to authenticity of the test report and will be liable for criminal prosecution, if found otherwise. The test report should be produced upon arrival at the point of entry airport/seaport in Karnataka.

B. Before Boarding

1. Do's and Don'ts about COVID-19 quarantine, testing, etc. shall be provided along with ticket to the travellers by the travel agencies concerned.
2. All passengers shall download Arogya Setu app, Quarantine watch app and Apathamitra App on their mobile devices. (<https://covid19.karnataka.gov.in/new-page/software/en>)
3. At the time of boarding the flight/ ship, only asymptomatic travellers shall be allowed to board after thermal screening.
4. Suitable safety measures such as environmental sanitation and disinfection shall be ensured at the airports/seaports.

5. During boarding and at the airports/ seaports, all possible measures for physical distancing, provision of hand sanitizers, etc. shall be ensured.

C. During Travel

1. Travellers who had not filled the self-declaration form on the Yatri Karnataka portal shall fill the same in duplicate in the flight/ship and a copy of the same be given to health and immigration officials present at the airport/seaport. Alternatively, such travellers may submit self-declaration form on the Yatri Karnataka online portal (<http://www.covidwar.karnataka.gov.in/or> <https://parihara.karnataka.gov.in/Service38/>) at arriving airport/ seaport.
2. Suitable announcement about COVID-19 including precautionary measures to be followed shall be made at airports/seaport and in flights/ships.
3. While on board the flight/ ship, required precautions such as wearing of facemasks, environmental hygiene, respiratory hygiene, hand hygiene etc. are to be observed by airline/ ship staff, crew and all passengers.

D. On arrival

1. De-boarding should be done by ensuring physical distancing of 2 meters.
2. Screening and categorisation of passengers at health counters:
 - a. All the passengers arriving at points of entry (airport & seaport) will be compulsorily screened for symptoms of COVID-19 (fever, cough, cold, sore throat, loss of taste, loss of smell, weakness, body ache, diarrhoea, difficulty in breathing, etc.) and self-declaration form shall be obtained from each passenger in duplicate (Annexure-1)
 - b. Screening at point of Entry
 - i. Self-reporting form verification
 - ii. Thermal scanning (body temperature shall be $\leq 37.5^{\circ}\text{C}$ / $\leq 99.5^{\circ}\text{F}$)
 - iii. Pulse oximeter reading (SpO_2 shall be $\geq 95\%$)
 - iv. Briefing with instructions
 - v. Categorization
 - vi. Check downloads of "Arogya Setu App", "Quarantine Watch App" and "Apthamitra App".
3. Screening Counters:
 - a. Airport/ seaport authority to provide sufficient space and materials for counters to health authorities for screening of all passengers.
 - b. KIAL Bengaluru: To provide adequate number of counters for screening. Medical teams will be posted from district health authority as per flight schedule.
 - c. Requirement at Mangalore airport and seaport to be assessed by DC-Dakshina Kannada and at Karwar Seaport by DC-Uttara Kannada.
4. Categorization shall be done as follows:
 - a. Category I: Symptomatic passenger on arrival
 - b. Category II: Asymptomatic passenger on arrival

5. Categorization of passengers:

- a. Category I : Symptomatic passengers (fever, cough, cold, sore throat, loss of taste, loss of smell, weakness, body ache, diarrhoea, difficulty in breathing and specify, if any other)

- i. Action for Category I: - Segregated from other passengers and sent to Dedicated COVID Health Centre (DCHC) for COVID testing

- 3 swabs (1 nasopharyngeal swab in VLB for RAT and 1 Nasopharyngeal + 1 Throat swab in VTM for RT-PCR) shall be taken from the passenger.
- If tested Positive by Rapid Antigen Test: Triage shall be done for home isolation or shift to COVID Hospital in Govt. or Pvt. as applicable.
- If tested Negative by Rapid Antigen Test: isolate and manage clinically. Sample (1 Nasopharyngeal + 1 Throat swab in VTM) shall be tested by RT-PCR.
 - If Positive: Triage shall be done for home isolation or shifted to COVID Hospital in Govt. or Pvt. as applicable.
 - If Negative: Advised to complete the home quarantine period of 14 days

- b. Category II: Asymptomatic passengers

- Action for Category II: All passengers will be sent to home quarantine for 14 days
 - Advice regarding strict home quarantine protocol
 - If home quarantine is not possible for any reason, alternatively shall be allowed institutional quarantine (Government or Private)

6. Business / Short term travellers:

- a. To establish that one is a business visitor, person should show the following documents in original

- i. Confirmed return flight ticket which should not be more than 7 days later from the date of arrival
- ii. Documents pertaining to the purpose of visit/ invitation letter
- iii. Place of stay/ hotel reservation
- iv. Valid Visa

- b. If the business/short term visitor who is coming for short duration of 48 hours (counted from the arrival time) then he/ she is exempted from COVID-19 test & quarantine. All precautions of wearing mask, using hand sanitizer & respiratory hygiene should be followed.

- c. If the duration of stay in Karnataka is more than 48 hours and less than 7 days then COVID-19 test shall be done (swab shall be drawn immediately on arrival for RAT) and after getting a negative report such a person can complete his engagements and go back.
- d. Business/ short term visitors who come with a negative RT-PCR test report shall be exempted from testing on arrival. This RT-PCR test should have been conducted within 96 hrs prior to undertaking the journey.

Note:

- i. Passengers who have landed in other states and arriving in Karnataka shall undergo rapid antigen testing after reaching respective district if symptomatic. If such passengers are asymptomatic they shall complete 14 days of home quarantine period (from the date of arrival in India)
- ii. International passengers of other states arriving in Karnataka if asymptomatic shall be allowed to go to respective states with advice of home quarantine for 14 days
- iii. Students who are writing exams in Karnataka shall be exempted from home quarantine after testing negative by rapid antigen testing (RAT) or carrying a negative RT-PCR test report which should have been conducted within 96 hrs prior to undertaking the journey
- iv. The cost of COVID-19 test if done, shall be paid by the passengers themselves (RAT –Rs: 700 per test and RT-PCR -Rs: 2000 per test) or as per guidelines issued by Government of Karnataka from time to time


(Jawaid Akhtar)

Additional Chief Secretary to Govt
Health and Family Welfare Department

To:

1. Airport Health Authority of Bengaluru and Mangaluru
2. Seaport Health Authority of Mangaluru and Karwar
3. Commissioner, BBMP
4. Mrs. Meena Nagaraj, IAS, Special Officer, BIA.
5. Deputy Commissioners of all the Districts.
6. Chief Executive Officers of all the Zilla Panchayats.
7. DH & FWO/RCHO/DSOs of all Districts.

Copy for information:

1. Chief Secretary to GoK
2. ACS to Hon. Chief Minister
3. Addl. Chief Secretary and Development Commissioner. GoK
4. Commissioner, Health & Family Welfare Services.
5. Mission Director, NHM, Bengaluru.
6. PS to Hon'ble Ministers for HFW and Medical Education
7. Director, H&FWS, Bengaluru. / Director, Medical Education Department, Bengaluru.

Annexure 1: Self Declaration Form



**Ministry of Health and Family Welfare, Government of India
&
Government of Karnataka**

**For all international travelers arriving in Karnataka
(to be presented at the health/immigration counter)**

Self-Reporting Form

(<https://parihara.karnataka.gov.in/Service38/>)

All international travellers coming to Karnataka are required to fill-up this proforma. You are requested to provide the following information to safeguard your own health.

Personal information of travellers	
1. Name	
2. Age	
3. Gender	
4. Flight No.	
5. Seat No.	
6. Passport No.:	
7. Origin of Journey:	
8. Date of Arrival:	
9. Final destination details	

Contact details	
1. House No.	
2. Street / Village	
3. Taluk	
4. District	
5. State	
6. Pin Code:	
7. Residence landline no.	
8. Mobile No.	
9. Email id	

a. Are you suffering from any of the following symptoms?

1. Fever	7. Loss of smell
2. Cough	8. Loss of taste
3. Cold	9. Diarrhoea
4. Sore throat	10. Difficulty in breathing
5. Weakness	11. Any other (Specify):
6. Body ache	

b. Did You download Arogya setu app Yes No

c. Did you download Quarantine watch app: Yes No

d. Did you download Apthamitra app: Yes No

e. Do you have any of these? Please tick all those applicable

Hypertension Diabetes Mellitus Asthma or any lung disease
Cancer Liver Disease Kidney disease
Heart Disease Tuberculosis On immuno-suppressants
Organ transplant Others specify _____

f. Onward journey details (Specify Place, Date and Mode of Travel): _____

In case you develop symptoms such as fever, cough, cold, sore throat, weakness, body ache, loss of smell, loss of taste, diarrhoea, difficulty in breathing, etc. within 14 days, call toll free Apthamitra helpline number 14410 or login details in Arogya Setu app. Call operator will tell you whom to contact further. In the meanwhile, keep yourself isolated in your house/room.

Q

